



**OULTON**  
PRIMARY SCHOOL

# RELATIONSHIPS AND SEX EDUCATION

Consultation with Parents and Carers

# What's new?

- Previous recommendations for teaching Personal, Social, Health Education (PSHE), are now statutory as part of the National Curriculum.
- The **Health Education** and **Relationships Education** are the aspects of PSHE education which are now compulsory for all schools.

# What hasn't changed?

- The statutory guidance outlines what schools *must* cover – though not everything that schools *should* cover. We will still teach a full PSHE curriculum.
- We always taught it because these subjects will support all young people to be happy, healthy and safe.
- Parents still have the right to withdraw their children from sex education in primary school (Year 6 - lessons on conception in the Summer Term).

# What does the new statutory guidance cover?

A summary –  
the full statutory curriculum is available on our school website. Please take the time to read the full requirements

<b>Relationship education</b>	<b>Health Education</b>
<ul style="list-style-type: none"><li>• Families and People who care for them.</li><li>• Caring friendships</li><li>• Respectful relationships</li><li>• Online relationships</li><li>• Being safe</li></ul>	<ul style="list-style-type: none"><li>• Mental wellbeing</li><li>• Internet safety and harms</li><li>• Healthy eating</li><li>• Drugs, alcohol and tobacco</li><li>• Health and prevention</li><li>• First aid</li><li>• Changing adolescent body</li></ul>

# Science Curriculum

## Key stage 1:

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults
- find out about and describe the basic needs of animals, including humans, for survival (water, food and air)
- describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

## Key Stage 2:

- describe the differences in life cycles of a mammal, an amphibian, an insect and a bird
- describe the life process of reproduction in some plants and animals
- describe the changes as humans develop to old age

## Notes and guidance (non-statutory)

Pupils could work scientifically by researching the gestation periods of other animals and comparing them with humans; by finding out and recording the length and mass of a baby as it grows.

# Where and how did you learn about sex and relationships? For young people, their learning comes from...

Parents &  
carers



Internet



Mobile Phones

TV



School



Friends &  
Older siblings



# Why is Relationships and Sex Education important?

- Entitlement
- Puberty is starting earlier- for some children by age 8
- Prepares children adequately for puberty in a timely way
- Prepares children for adult life
- Promotes positive relationships
- Safeguarding against:
  - Grooming
  - Child Sexual Exploitation
  - Abuse
  - Sexting

# Your Rights as a Parent/Carer

- To be informed of the RSE curriculum and policy
- To be consulted about changes to these
- To withdraw your child from Sex education lessons (that are outside of/ additional to the Science National Curriculum and statutory Relationships and Health Education)

# What's next?

You will find a page on the school website containing information on:

- Frequently asked questions
- Relationship and Health Education full curriculum requirements
- Our PSHE curriculum topics as they relate to Relationship, SE and Health Education
- Look over our new draft RSHE policy
- Tell us what you think. Please fill in our parent survey