

PSHE Curriculum Intent

Intent

At Oulton we work to deliver a PSHE curriculum which will enable all pupils to develop and maintain the knowledge, skills and attributes they need to live healthy, happy lives, now and in the future. Through PSHE, we aim to support and prepare pupils to achieve their academic potential and leave school equipped with skills they will need to manage opportunities, responsibilities and experiences in the present and in later life.

We hope that through providing our children with opportunities to ask and answer questions and explore risks through discussion, they will gain the understanding to make informed choices and skills to manage their responses in these situations.

Our aim is to maximise the outcomes for every child, with a curriculum accessible to all, so that pupils know more, remember more and understand more through a curriculum designed to revisit and build upon learning from previous years teaching.

Implementation

Teachers plan for open learning activities which suit the ethos of PSHE and very much support speaking and listening. All learning activities provide an opportunity for students to develop their skills, knowledge and attitude. Teachers facilitate debates and discussions, providing children with the opportunities to practise using language or to talk about feelings which can help them to develop key skills for the future.

Assemblies are used across the whole school and within the Key stages to make links and promote British Values and SMSC. Key stage assemblies introduce a shared Mind Mate lesson theme which is then followed up with the specific year group lesson/s in classes. All teaching staff have access to all year groups plans and resources provided by the 'You, Me, PSHE' scheme. Lessons can be adapted to suit the learning needs and style of the individual classes and pupils.

In KS1 and KS2 we plan using the 'You, Me and PSHE' scheme of work and Mind Mate Champion lessons. These are clear and progressive schemes of work which are in line with the National curriculum and incorporate the Relationship and Sex Education and Health education Statutory guidance. We have adapted the Relationship and Sex Education topics to create an even, stepped progression of teaching for each year group. Each topic consists of three lessons per half term from 'You, Me and PSHE' plus one of the Mind Mate lessons each half term.

In EYFS teachers follow the Mind Mate lessons, in line with the school, adapting the year 1 objectives provided to meet children's learning and developmental needs. PSHE is taught and modelled throughout the school day in areas of provision and story time. Teachers use the 2021 EYFS curriculum to track pupil's development and lessons are planned for to respond to the needs of the children.

Impact

Through following the PSHE curriculum children will:

- learn how to keep themselves and others safe.
- develop positive and healthy relationships both now and in the future.
- build emotional resiliency and become responsible members of society
- will understand the physical and emotional aspects of growing up at an age-appropriate level
- will have respect for themselves and others.
- demonstrate and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty.