

# YOUR MENU

(v) = vegetarian

(ve) = vegan

**Oulton Primary School**

*Week 1*

W/C - 04/09/23, 25/09/23,  
16/10/23, 13/11/23, 04/12/23,  
08/01/24, 29/01/24

## MONDAY

Chicken Curry with Rice

Vegetarian Grill with Jacket  
Wedges (ve)

Tuna Mayonnaise filled  
Wrap with Jacket Wedges

Jacket Potato with Cheese  
and Salad (v)

Shortbread Finger with  
Fresh Fruit Wedges

## Tuesday

Beef Cottage Pie

Super Five Vegetable Pasta  
Bake with Crusty Bread (v)

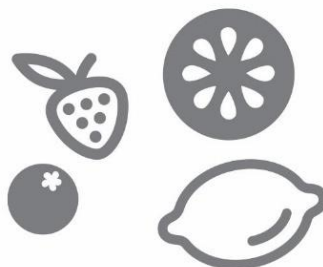
Cheese Bap with Pasta  
Salad (v)

Jacket Potato with Tuna

Vanilla Ice Cream Roll

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

MENUS ARE SUBJECT  
TO AVAILABILITY



## Wednesday

Tortilla Pizza with Jacket  
Wedges (v)

Vegetarian Spaghetti  
Bolognese (ve)

Wholemeal Egg Mayonnaise  
Sandwich with Jacket  
Wedges (v)

Jacket Potato with Baked  
Beans (v)

Lemon Sponge with  
Custard

RED TRACTOR STANDARDS



## THURSDAY

Roast Chicken with Yorkshire  
Pudding, Mashed and Roast  
Potatoes

Vegetarian Sausage with  
Yorkshire Pudding, Mashed  
and Roast Potatoes (v)

Hot Roast filled Baguette  
with Roast Potatoes

Fruit Jelly with Fresh Fruit  
Wedges



## FRIDAY

Fish Fingers with Chips

Vegetable Biryani (ve)

Wholemeal Tuna  
Sandwich with Chips

Jacket Potato with Cheese  
(v)

Chocolate and Orange  
Cookie

Please note, whilst we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item is free from any specific allergen. We produce our food, fresh every day in kitchens where allergens are handled by our staff and where utensils and equipment are used for multiple menu items.



# YOUR MENU

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*Week 2*

W/C - 11/09/23, 02/10/23,  
23/10/23, 20/11/23,  
11/12/23, 15/01/24, 05/02/24

## MONDAY

Cheese and Onion Slice with Jacket Wedges (v)

Vegetarian Pasta Bolognese (ve)

Cheese Salad Wrap with Jacket Wedges (v)

Loaded Vegetarian Bolognese Jacket Wedges (v)

Vanilla Ice Cream Roll with Fresh Fruit Salad

## Tuesday

Chicken Pie with Mashed Potato

Vegetarian Sausage with Mashed Potato (v)

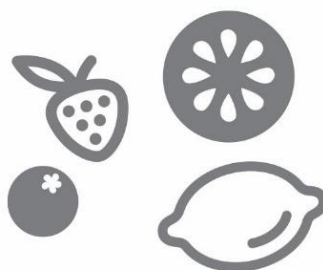
Tuna Bap with Herby Diced Potatoes

Jacket Potato with Cheese (v)

Pineapple Oaty Slice

**AVAILABLE DAILY**  
**YOGHURTS**  
AND  
**Fresh Fruit**

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## Wednesday

Chicken Curry with Rice

Margherita Pizza with Jacket Wedges (v)

Wholemeal Tuna and Cucumber Sandwich with Jacket Wedges

Jacket Potato with Tuna

Marble Sponge and Custard

RED TRACTOR STANDARDS



## THURSDAY

Pork Sausage with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast Filled Baguette with Roast Potatoes

Fun Fruit Thursday



## FRIDAY

Crispy Salmon Bites with Chips

Cheesy Bean Wrap with Chips (v)

Egg Mayonnaise Sandwich with Chips (v)

Jacket Potato with Baked Beans (v)

Jelly with Fresh Fruit Salad



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*Week 3*

W/C - 18/09/23, 09/10/23,  
06/11/23, 27/11/23,  
18/12/23, 22/01/24

## MONDAY

Crispy Chicken Fillet with Jacket Wedges

Tomato and Chickpea Curry with Rice (ve)

Wholemeal Tuna and Sweetcorn Sandwich with Jacket Wedges

Jacket Potato with Cheese (v)

Golden Crunch Cookie with Fresh Fruit Wedges

## Tuesday

Margherita Pizza with Herby Diced Potatoes (v)

Veggieballs in Gravy with Herby Diced Potatoes (ve)

Egg Mayonnaise Bap with Herby Diced Potatoes (v)

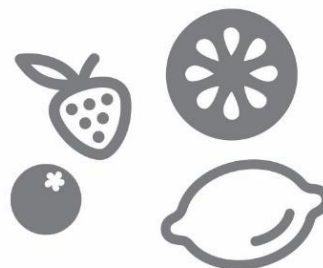
Jacket Potato with Baked Beans (v)

Seasonal Fruit Crumble and Custard

## AVAILABLE DAILY YOGHURTS AND

## Fresh Fruit

MENUS ARE SUBJECT TO AVAILABILITY



## Wednesday

Pasta with Beef Bolognaise

Omelette with Jacket Wedges (v)

Wholemeal Cheese Sandwich with Jacket Wedges (v)

Jacket Potato with Tuna

Chocolate Sponge and Custard

RED TRACTOR STANDARDS



## THURSDAY

Roast Pork with Yorkshire Pudding, Mashed and Roast Potatoes

Vegetarian Sausage with Yorkshire Pudding, Mashed and Roast Potatoes (v)

Hot Roast filled Baguette with Roast Potatoes

Vanilla Ice Cream Roll with Sliced Peaches



## FRIDAY

Fish Fingers with Chips

Tomato Pasta Bake (v)

Tuna Bap with Chips

Jacket Potato with Cheese (v)

Jelly with Fresh Fruit Wedges



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