

# MIGHTY MEALS MENU 2026

Great school lunches designed to help young people grow and thrive in everything they do!  
Seasonal vegetables are provided with all meals or children can opt out for our 'Pick Your Own' salad bar.

Oulton Primary School

**N3 Week ONE**

W/C 23/02, 16/03, 27/04, 18/05, 08/06, 29/06, 20/07.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Margherita Pizza (V)(H) Homemade Jacket Wedges	Ham and Pepper Quiche Baby New Potatoes	Breaded Chicken with Katsu Curry Sauce Sunshine Rice	Roast Gammon with Stuffing Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Battered Fish (H) Chips
Meat Free	Vegetarian Super Five Pasta (V)(H)	Cheesy Bean Wrap (V)(H) Baby New Potatoes	Vegetarian Brunch Muffin (V)(H) Herby Diced Potatoes	Vegetarian Sausage with Stuffing (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Vegetable Samosa with Yoghurt and Mint Sauce (V)(H) Masala Potato Salad
Spud Station & Deli	Egg Mayonnaise Bap (V)(H) Homemade Jacket Wedges	Jacket Potato with Baked Beans (VE)(H)	Cheddar Cheese Wrap (V)(H) Herby Diced Potatoes	Soft Filled Roll with either Roast Gammon or Vegetarian Sausage (V)(H) Roast Potatoes	Jacket Potato with Cheddar Cheese (V)(H)
Desserts	Ice Cream with Homemade Berry Sauce	Apple and Yoghurt Sponge with Creamy Custard	Lemon Drizzle Cookies with Fresh Fruit Wedges	Cheese and Crackers with Apple Wedges	Fudgy Chocolate Brownie with Fresh Fruit

**In addition to hot meals your child can choose:**



**Filled fresh Soft Bap or Tortilla Wrap with side.**



**Oven baked Jacket Potato with side.**



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**N3 Week TWO**

W/C 02/03, 23/03, 04/05, 15/06, 06/07.



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mains	Savoury Cheese Roll (V)(H) Herby Diced Potatoes	Spaghetti Bolognese Crusty Bread	Hawaiian Pizza Seasoned Potato Wedges	Roast Chicken Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Crunchy Salmon Bites with Tomato Ketchup (H) Sauté Potatoes
Meat Free	Quorn Biryani (V)(H)	Veggie Meatballs in Tomato Sauce (V)(H) Spaghetti Crusty Bread	Margherita Pizza (V)(H) Seasoned Potato Wedges	Vegetarian Sausage (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Vegetarian Sweet Chilli Chicken Style Wrap (V)(H) Sauté Potatoes
Spud Station & Deli	Jacket Potato with Cheesy Coleslaw (V)(H)	Ham Bap Homemade Jacket Wedges	Jacket Potato with Baked Beans (VE)(H)	Soft Filled Roll with either Roast Chicken or Vegetarian Sausage (V)(H) Roast Potatoes	Jacket Potato with Tuna Mayonnaise (H)
Desserts	Raspberry Jelly with Peach Slices	Butterscotch Cookie with Fresh Fruit Wedges	Pancakes with Ice Cream and Toffee Sauce	Sprinkle Sponge with Creamy Custard	Chocolate Crispy Slice with Fresh Fruit



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**N3 Week THREE**

W/C 09/03, 30/03, 20/04, 11/05, 01/06, 22/06, 13/07



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Mains</b>	Margherita Tortilla Pizza (V)(H) Pasta Salad	Chicken Tikka Masala Rice and Naan Bread	Minced Beef Tacos Rice	Pork Sausage Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Fish Finger Butty (H) Tomato Ketchup Chips
<b>Meat Free</b>	Veggie Meatball Sub (V)(H) Homemade Jacket Wedges	Crispy Topped Macaroni Cheese (V)(H)	Vegetarian Enchiladas (V)(H) Rice	Vegetarian Sausage (VE)(H) Yorkshire Pudding Mashed Potatoes Roast Potatoes Gravy	Crispy Vegetable Nuggets (VE)(H) Tomato Ketchup Chips
<b>Spud Station &amp; Deli</b>	Jacket Potato with Baked Beans (VE)(H)	Ham Bap Baby Baked Potatoes	Jacket Potato with Ham and Cheddar	Soft Filled Roll with either Pork Sausage or Vegetarian Sausage (V)(H) Roast Potatoes	Cheddar Cheese Salad Wrap (V)(H) Chips
<b>Desserts</b> <small>Fresh Fruit &amp; Yoghurt available daily.</small>	Banoffee Mousse	Carrot Cake with Creamy Custard	Chocolate-Orange Flapjack with Fresh Fruit Wedges	Strawberry Crunch Sundae	Raspberry Bun with Fresh Fruit Wedges

**In addition to hot meals your child can choose:**



**Filled fresh Soft Bap or Tortilla Wrap with side.**



**Oven baked Jacket Potato with side.**

